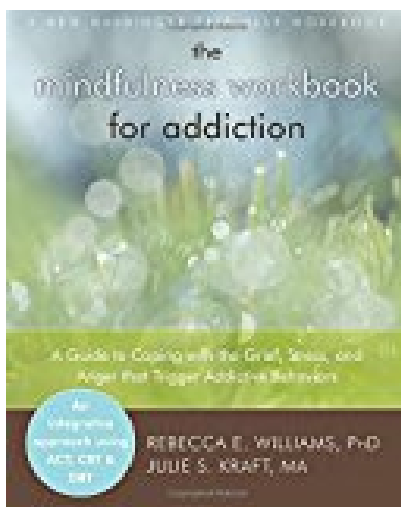


The Mindfulness Workbook for Addiction A Guide to Coping with the Grief Stress and Anger that Trigger Addictive Behaviors A New Harbinger Self-Help Workbook



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BOOK SYNOPSIS

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