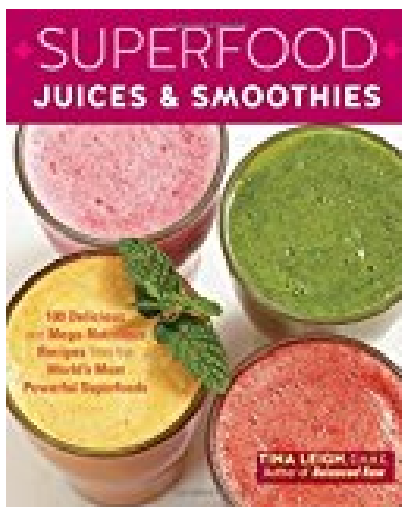


# Superfood Juices & Smoothies 100 Delicious and Mega-Nutritious Recipes from the Worlds Most Powerful Superfoods

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## BOOK DETAILS

- Author : Tina Leigh
- Pages : 208 Pages
- Publisher : Fair Winds Press
- Language : English
- ISBN : 1592336043

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## **BOOK SYNOPSIS**

Provides information on different superfoods and smoothie recipes containing those foods, including the stone fruit smoothie, turmeric mango lassi, and watermelon salsa smoothie.

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